



**FITZGIBBON HOSPITAL'S
LACTATION RESOURCE**
— Mothering from the Heart —

Making the decision to breast-feed your baby is a very important decision. Your milk is ideal nourishment for your baby and far superior to any substitute. While there are numerous reasons to breast-feed your baby, deciding how to feed your baby can also bring up a lot of questions.

Breast-feeding is a personal choice: your decision should be based on facts. It is important that you feel supported in your decision to provide breast milk to your baby and we want to make sure that you receive accurate information and can make an informed decision about how you want to nourish your baby. We strive to make sure you have the information and tools you need to ensure breastfeeding success.

If you have questions or concerns about breast-feeding, we would be happy to visit with you at any time during your pregnancy, free of charge. Just give us a call!

Childbirth Class Registration Form

Name: _____

Phone #: _____

Address: _____

Due Date: _____

Complete and return for to Marshall Women's Care or call and register by telephone at (660) 886-7800.



A not-for-profit, 501(c)3 hospital

**2305 South Hwy. 65
Marshall, Mo. 65340
660.886.7800**

**Choose Marshall Women's Care,
then Lactation**

www.fitzgibbon.org

Email: mwc@fitzgibbon.org



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2019

Parenting & Child Birth Education Class Offerings



FitzBaby Child Birth Education Classes

Life is busy today and expectant parents often find it difficult to attend lengthy childbirth education classes—yet, they still want accurate information about their upcoming labor, birth and transition to a new family.

Our childbirth education class is conveniently offered on Saturday from 9 am—3 pm to offer you the opportunity to receive the information you are looking for in a single class.

Parents will have the opportunity to tour the Women's Center and explore options for personalizing their birthing experience for a beautiful moment they will treasure forever.



This class is conveniently priced at \$25.

FitzBaby Child Birth Education Schedule for 2019

Classes are scheduled from 9am-4pm

January 5

February 2

March 2

April 6

May 4

June 1

July 6

August 3

September 7

October 12

November 2

December 7



We look forward to celebrating this journey of new life with you.



Designated 2014 - 2019

Baby-Friendly

Facility

by the

World Health Organization, UNICEF, and
Baby-Friendly U.S.A.

This international honor distinguishes Fitzgibbon Hospital as one of only three hospitals in the state of Missouri to meet all the criteria established by Baby-Friendly U.S.A. to be designated as a Baby-Friendly

The Baby-Friendly Initiative recognizes hospitals for implementing specific procedures and policies, including the "Ten Steps to Successful Breastfeeding," to improve the birth experience, with an emphasis on mother-baby bonding and supporting successful breastfeeding and its accompanying health benefits.

