



## FITZGIBBON HOSPITAL'S LACTATION RESOURCE

*— Mothering from the Heart —*

Making the decision to breastfeed your baby is a very important decision. Your milk is ideal nourishment for your baby and far superior to any substitute. While there are numerous reasons to breastfeed your baby, deciding how to feed your baby can also bring up a lot of questions.

Breastfeeding is a personal choice: your decision should be based on facts. It is important that you feel supported in your decision to provide breast milk to your baby and we want to make sure that you receive accurate information and can make an informed decision about how you want to nourish your baby. We strive to make sure you have the information and tools you need to ensure breastfeeding success.

If you have questions or concerns about breastfeeding, we would be happy to visit with you at any time during your pregnancy, free of charge. Just give us a call at (660) 886-7800.



*A not-for-profit, 501(c)3 hospital*

2305 South Hwy. 65  
Marshall, MO 65340  
(660) 886-7431

For more information the services at  
Fitzgibbon Hospital, visit:  
[www.fitzgibbon.org](http://www.fitzgibbon.org)



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# 2023

## Childbirth Education Class Offerings



## FitzBaby Childbirth Education Classes

Life is busy today, and expectant parents often find it difficult to attend lengthy childbirth education classes. Yet they still want accurate information about their upcoming labor, delivery, newborn care, breastfeeding and postpartum care.



Located at Fitzgibbon Hospital, our childbirth education class is conveniently offered on Saturday from 9 a.m. to 4 p.m. to offer the opportunity to receive the information you are looking for in a single class.

You will have the opportunity to tour the Women's Center and explore options for personalizing your birth experience for a beautiful moment you will treasure forever.

*The class is priced at \$25.*

## FitzBaby Childbirth Education Schedule for 2023

Classes are scheduled from 9 a.m. to 4 p.m., Saturday and are require payment 2 weeks in advance (\$25). Classes with zero registrants 2 weeks in advance will be cancelled.

January 7  
February 11  
March 4  
April 8  
May 20  
June 3  
August 5  
September 9  
October 14  
November 4  
December 2

Everyone who attends the class will be entered into a drawing for a case of diapers and wipes at the end of the class.



**We look forward to celebrating this journey of new life with you.**

## CHILDBIRTH CLASS REGISTRATION FORM

Your Name:

Phone #:

Address:

Due Date:

Preferred Class Date:

Complete and return form to:

Marshall Women's Care  
P.O. Box 250  
Marshall, MO 65340

or register by telephone at:

(660) 886-7800  
*choose option for "Marshall Women's Care"*

COST: \$25