



MARCH 2021

The AUXILIAN

A look at the women and men who make a difference for Fitzgibbon Hospital

www.fitzgibbonhospitalauxiliary.org

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*Greetings
from*

**Angy Littrell, MBA, CPA
President & CEO
Fitzgibbon Hospital**

As we recently observed the one year mark of our response to the Covid-19 pandemic, I must thank all of you who are a part of the Auxiliary or the many community groups and individuals who reached out to our organization with acts of kindness. We will be eternally grateful for the delivered meals and treats, the donations of face coverings and the heartfelt notes of "thanks" to our nurses, doctors and providers on the

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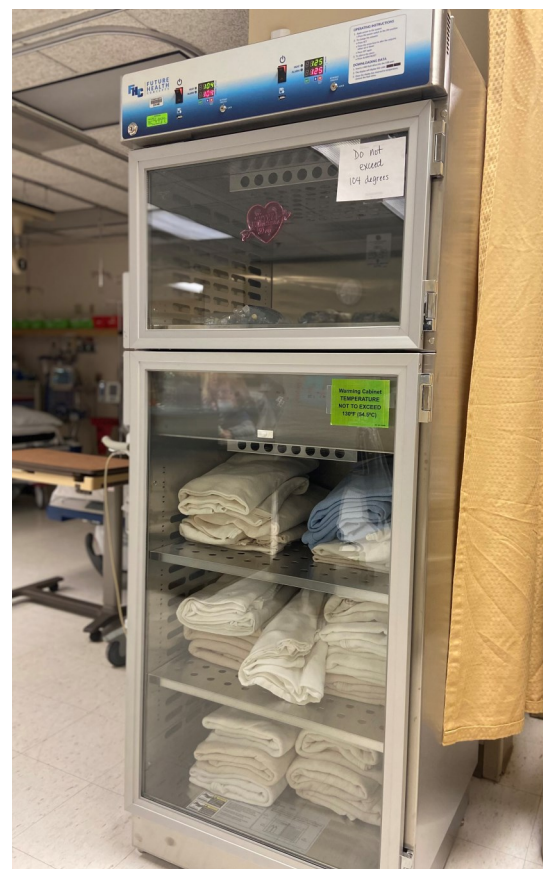
Warming Cabinet is Vital for Patient Comfort in the ER

When Callie Post, Fitzgibbon Hospital's Director of Emergency Services, submitted a Wish List request to the Auxiliary last year for a Warming Cabinet, the Auxiliary was pleased to be able to fulfill this almost \$7,000 request.

Medical professionals everywhere want to provide the very best possible care for their patients, and the Emergency Department at Fitzgibbon is certainly no exception. Keeping patients comfortable and as pain-free as possible are two important aspects of providing excellent patient care, which is why a warming cabinet is so essential. Besides increased patient comfort, warming patients also helps to reduce anxiety, bleeding, and the chances of cardiac problems, while helping to increase a patient's response to medication and faster recovery. Warmed blankets are often used in emergency departments to make patients feel more comfortable in cool, ambient temperatures or when sedation or anesthesia has disturbed the body's thermal regulation.

In addition to heating blankets, warming cabinets also warm irrigation fluids and intravenous (IV) solutions. Nearly one-quarter of emergency department patients in the United States are treated with intravenous fluids. These fluids are typically stored at room temperature and infused into patients without prior warming. During infusion of room-temperature IV fluids, some patients experience shivering, chills and discomfort. Warming IV fluids to body temperature prior to infusion is associated with improved comfort for adult ED patients compared to standard, room temperature IV fluids.

Fitzgibbon Hospital continues to strive for excellence in patient care to ensure patients have a positive experience. We hope the Auxiliary can play a small part in linking customer service and patient-centered care.



<<< *CEO Continued*

front lines of the pandemic. These countless acts of kindness did not go unnoticed. And, in fact, it was those acts of caring and compassion from outside our organization that gave us strength to keep going, even as we saw the virus ravage much of our country and take so many lives. For those on the front line working long hours through tumultuous and uncertain times, battling a brand new virus about which little was known, one thing was constant: the volunteers and members of the Fitzgibbon Auxiliary truly do care about what we were doing each day. You “have our backs,” and we are grateful. So thank you. And as the pandemic is finally in its waning months, we carry hope that the broad administration of vaccinations will bring an end to the lockdowns, isolation and fear sooner than later. It has been a trying year for all of us, so, again, thank you for your unwavering support.

Our biggest hurdle on the horizon as healthcare resumes some normalcy, is our linear accelerator capital campaign. We are attempting to raise nearly \$2 million, and we need everyone’s support, now more than ever. The pandemic has caused some in our community to put off routine visits, to skip scheduled preventive check-ups and to forego diagnostic tests. If you are among that group, I encourage you to resume your visits! Early diagnosis and treatment is the key to health and gives you the best chance in beating a more serious illness. And remember, Fitzgibbon Hospital is a 501(c)3 not-for-profit hospital whose only financial support comes from revenues received from the care we provide. We do not receive tax revenues and are not part of a hospital district or municipality. As a stand-alone hospital governed by a board of directors, we look to the generosity of our community help us fill in our financial gaps.

Our next fundraising effort is The Fling, which is going to be virtual this year. Andrea Barr, our new Foundation Director, is working hard with her team to create a fun event that will provide an outlet for people to contribute to this very important update for the Fitzgibbon Community Cancer Center. Look for more information very soon!

Finally, amid all of the activity around our vaccine and fundraising events, we also are entering the season for health fairs. Last year, we had to cancel our health fairs that have been offered to our community for nearly 30 years. This year, we are excited to say that we will resume offering these fairs, beginning with Brunswick fair on March 13 at Grand River Health Clinic and Fitzgibbon Hospital on April 30. This year’s health fairs will allow individuals to receive the Covid-19 Antibody test as part of their standard health fair blood test package. This is an exciting new offering that we think will encourage people to take advantage of the opportunity to learn more about their health.

Again, allow me to speak for all of us at Fitzgibbon Hospital, The Living Center and our clinics by saying our hearts are full when we think back on a difficult year, but a year filled with so many acts of kindness toward our heroes in healthcare.

*A message from
Our President*

Dear Members,

This past year has been quite a roller coaster ride and, unfortunately, we have not been allowed to depart from it yet. While things have been different, one thing has remained steadfast and that is the commitment of our volunteers. From delivering much-appreciated snacks to our hospital staff in the beginning of the pandemic, to adjusting our way of fundraising throughout the year, our volunteers have adapted and continue to uphold the mission of the auxiliary. For this I want to say THANK YOU!

Looking forward, I am hopeful that we can resume some of our traditional fundraising events while implementing the recommended health guidelines so we can continue to show support for our hospital. While participation in our events is much needed and very much appreciated, please remember that simply paying your annual membership dues and recruiting new members is also a fantastic way to show your support!

“The smallest act of kindness
is worth more than the
grandest intention.”

- Oscar Wilde

Melisa

Melisa Shannon, President
Fitzgibbon Hospital Auxiliary
Ambassadors

Holiday Bazaar 2020 was a Success!

The 54th Annual Fitzgibbon Hospital Auxiliary Holiday Bazaar was held from 4 to 7 p.m. Friday, Nov. 13, 2020 at the First Christian Church in Marshall. This year's "re-imagined" Bazaar consisted of a drive-thru only Chili & Soup Supper and 3 Raffles.

According to Auxiliary Coordinator Rachel Miles, the chili & soup supper sold out by 6:30 p.m., selling over 300 dinners, and the Auxiliary was "very pleased with everyone's adaptability."

The winners of the raffles were: Grill & Chill — Kyle Kirchhoff
Beef & More — Cindy Lamberson
Stash of Cash — Abrea Boedecker

Thank you to the Auxiliary volunteers, Sherry Shannon and crew, MHS National Honor Society volunteers, Fred Hager and Chris Hedrick from Fitzgibbon Maintenance Department, and everyone for their support of the event!



BOARD SPOTLIGHT MEMBER

Amy Green

This month we are featuring another one of our Auxiliary Board members, Amy Green.

Amy grew up in Rolla, Mo., and attended MU where she earned a degree in Commercial Interior Design. She then worked at an architecture firm in Overland Park, Kan. for about 12 years specializing in healthcare design. She met her husband, Drew, while in K.C., and the couple started a family while living in Olathe. Drew's desire to work in a small-town hospital brought their family to Marshall about eight years ago after he accepted a job at Fitzgibbon Hospital.



"Being a small-town girl at heart, I quickly grew to love the people of Marshall, although I still desire for there to be a Hy-Vee!" said Amy. "Our kids began attending St. Peter School here in Marshall, and I jumped right into volunteering. I love to get involved in helping make events a success! Since Drew worked at Fitzgibbon, I knew it was only a matter of time before I'd join the Auxiliary!"

Amy admits she didn't know much about the organization before joining the Auxiliary.

"Honestly, I didn't know much about the organization, but since joining and becoming a Board member, I must say I am quite impressed with their mission! The Auxiliary raises funds to help the hospital and staff with continuing education, medical supply needs, community needs, and they truly care about the future of the hospital staff and services!"

Outside of volunteering at the school and in the Auxiliary, Amy enjoys teaching fitness classes at the Y.

"But, let's be honest ... I'd spend all day milling around Target with a coffee in my hand when given the chance! I love my 3 kiddos, and they keep me hoppin'."

Drew and Amy also love teaching Bible studies in their home on Sunday mornings and spending time with family on the weekends.

"A glass of wine with good friends, or a cup of coffee watching the snow fall outside; a good laugh and enjoying the moment. These are a few of my favorite things!"



TREASURER'S *Report*

by Mendy Fann, Treasurer

In 2020 Fitzgibbon Hospital Auxiliary Ambassadors marked its 55th year impacting patient care through gifts of funds and services with the support of our community of volunteers.

In partnership with Fitzgibbon Hospital, the Auxiliary supports requests from departments throughout the hospital for "Wish List" items, scholarships for students in the healthcare field, and staff requests for continuing education conferences and in-services. It is through our fundraising events throughout the year that the monies are raised to fund these requests.

In 2020 the Auxiliary, like most of the world, was unable to have some of their fundraisers, including the rummage sales, book sales, and the Granddaddy's Garden tea party. These fundraisers usually bring in around \$7,500. There was only one bake sale in 2020, which was our Valentine's Day bake sale, and it raised \$1,200. There were three uniform sales that added another \$3,000. In 2020 the Nutman Company was on location only once for a two-day sale for employees only, which added another \$272.

The Annual Bazaar is, of course, the biggest fundraiser of the year, both in terms of planning and implementation and profit. In 2020 the Bazaar was "re-imagined" to a drive thru and raffles only, which netted \$12,042 — a compilation of money from raffle ticket sales, chili supper receipts, and membership dues. This amount is \$7,000 less than 2019 due to not being able to have vendors, the bake sale, the silent auctions, and the Gift Shop booth. Local business sponsorships and donations of goods and services also added substantially to the Bazaar profit.

- Membership dues and chili supper tickets totaled \$5,916.
- The Raffle, headed again this year by Jacque Hare and her hard-working team, profited \$6,126.

None of this could have been accomplished without the teamwork and dedication of our members. A quote from Audrey Hepburn says it best, "As you grow older, you will discover that you have two hands — one for helping yourself, the other for helping others." Without all the helping hands from our volunteers we would not be able to accomplish what we do. Your dedication and service are tremendously appreciated.

GIFT SHOP

by Ginger McGraw

Gift Shop volunteers got some very welcome news in January: they were offered Covid-19 vaccinations as part of the team at Fitzgibbon! With so many of our volunteers vaccinated, we have returned to our pre-Covid shutdown hours (9:00 – 6:00). We will be ready to meet the needs and wants of staff, patients, and visitors as things, hopefully, begin to return to normal over the next few months.

After a recent buying trip to Atlanta, exciting products are rolling in, and we are gearing up for spring and summer. Shopapalooza will be March 25 & 26, and all of our new gifts, infant items, fashion, jewelry, and purses will be unveiled! Auxiliary members will be able to shop in person. Watch for emails and Facebook posts for more information.

We are happy to do some virtual/phone shopping for you and to meet you in the circle drive to complete the transaction.

Here is a sampling of some new products in the Gift Shop:



Easter Basket Ideas

Imagine a delighted child's eyes when he/she sees an Easter basket filled with new keychain/backpack clips, fun face masks, and cute stuffed animals from Ty, Inc., funny swim goggles with eyelashes or crazy colors paired with hooded terry cloth beach cover-ups that double as pirate, shark, mermaid, or unicorn costumes, lip gloss in colorful animal shapes such as sloths, narwhales, unicorns, and llamas, a bubble kit that makes bubbles multiple feet in diameter, and SpinCopters that can fly 150 feet up!



~ Gift Shop News continued on page 6 ~

GIFT SHOP NEWS (continued)

Spring Fashion

We are excited about the beautiful spring purses this year! With so many colors and interesting features, you'll want several! Again this season, we have American Leather Company and Aimee Kestenberg LEATHER purses at terrific prices. (We buy the showroom samples, so the savings are amazing!) Wraps, ponchos, capes, and kimonos in pretty spring colors will help chase away the dreary winter blues, and the variety of jewelry options is very nice with a great assortment of trendy hoops and linked chain bracelets and necklaces.



Left: Season's Jewelry is a new line for the Gift Shop. Change the beautiful pendants seasonally for a fresh, fun look.

Right: Eight beautiful styles of microfiber beach towels from Royal Standard are here! Microfiber towels take up much less space in luggage, beach bags, or storage, dry quickly, and shed sand and debris easily.



Left: Remember, you can find sweet baby gifts at the Gift Shop!

Right: Eyeglass holders in a variety of styles and prices help you keep track of your readers and sunglasses while keeping them scratch-free. Prices range from \$10.50-\$21.50. New frame styles of Peepers brand of blue-light blocking readers are in the shop now, too.



UPCOMING EVENTS

Mark Your Calendars




The Gift Shop **SHOPAPALOOZA**

March 25 & 26

9 a.m. to 6 p.m.

Fitz Atrium



The Nutman Company

March 31 — 10 a.m. to 5 p.m.

April 1 — 7 a.m. to 2 p.m.

Fitz Atrium

Luxury Linen Sale

April 13 — 7 a.m. to 5 p.m.

April 14 — 7 a.m. to 2 p.m.

Fitz Atrium



Annual Health Fair

April 30

Fitz Atrium

See flyer on page 8 for details

Auxiliary Scholarships

Applications Due May 1

Fashion Avenue Uniform Sale

May 13 — 9:30 a.m. to 3:30 p.m.

Fitz Atrium



Granddaddy's Garden Party

May 13 | Refreshments 5-7:00 p.m.

Granddaddy's Garden will host their annual garden party. They will donate 10% of sales to the Auxiliary—just mention us at checkout. Need a little inspiration? Bring your pot, and they will help you fill it!



Rummage Sale

1st week of May

More details will be sent out when it gets closer.

Auxiliary Banquet

Will be a drive-thru event this year—more information will follow.



COVID-19
CORONAVIRUS
VACCINE

Have you received the Covid-19 Vaccine? If you have not but would like to, Covid-19 pre-registration is available at Fitzgibbon Hospital.

As the state of Missouri continues its plan to vaccinate all Missouri residents who would like to be vaccinated for Covid-19, Fitzgibbon Hospital has created an online pre-registration form to quicken the process and help plan the quantities needed.

If you or someone you know would like to get the Covid-19 vaccine, please pre-register at:

www.fitzgibbon.org/preregister

Fitzgibbon does offer dedicated times for walk-in vaccine clinics (1st dose only). Walk-ins are welcome from 9-11:00 a.m. and 2-4:00 p.m., but are subject to vaccine availability. Pre-registration and an appointment will guarantee your vaccine. For more information on Fitzgibbon Covid-19 Vaccine Clinics, go to www.fitzgibbon.org/vaccine.

Covid-19 Vaccine Clinic Volunteers Needed

Our vaccine clinics are all about teamwork, and the hospital could use our Auxiliary volunteers to assist with their events. These clinics are fast-paced, with lots of standing and walking, and very little down-time. If you're up for the challenge, please contact Regan Morrow in Administration at 831-3230.

Your time will be tracked as part of our Covid-19 response. We are making history every day as we work to close this chapter and move on with our lives. I know we will look back with pride in the years to come and say to ourselves, "I was a part of that!"



HEALTH FAIR

FITZGIBBON HOSPITAL

2305 S. Highway 65, Marshall, Mo.

From 7 to 10 a.m. in the Atrium

MASK REQUIRED



BLOOD TESTS at Discounted Prices

- **COVID-19 Antibody**
- **Complete Metabolic Panel (CMP)** (blood sugar, electrolytes (fluid balance), kidney and liver function)
- **Complete Blood Count (CBC)** (anemia)
- **Hemoglobin A1C** (diabetes screen)
- **Lipid Profile** (cholesterol: HDL, LDL & Triglycerides)
- **Thyroid Stimulating Hormone (TSH)** test for women and men
- **Prostate Screening (PSA)** for men
- **Vitamin D** (a vitamin D deficiency can be associated with low energy levels, poor sleep, chronic pain and depression)

NOTE: MUST FAST for 12 HOURS PRIOR to BLOOD TESTS!
Free light breakfast provided after test is complete.

BLOOD TEST PRICING:

PACKAGE PRICE \$30

Package price includes testing for: COVID Antibody, CMP, CBC, A1C, Lipid & TSH

Testing offered for an additional charge:

PSA \$10

Vitamin D \$20

Save time by pre-registering for this year's health fair!

To register, go to:
www.fitzgibbon.org/fair

Pre-registrations taken until Friday, April 23. You do not have to pre-register to participate.



Fitzgibbon Hospital is a 501(c)3 not-for-profit organization

FREE Screenings & Information

- **Additional screenings to be determined**
- **Scheduling** for colonoscopy, 3D mammography, low dose CT, bone density scan
- **and more!**

Patient Portal

GET SIGNED UP to receive your results on our patient portal!



To Learn More

For more information, contact:

Richard DeFord
Fitzgibbon Hospital
2305 S. Hwy. 65
Marshall, MO 65340
(660) 831-3235

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