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In this issue, the three benefit categories of our Auxiliary’s financial support for Fitzgibbon Hospital are featured: Department Wish List, Continuing Education, and the Scholarship Program.

Continuing Education Spark Ignites New Rehab Programs

One aspect of the Auxiliary Ambassadors’ mission is to pay the registration fees for employees who want to continue their education and increase their skills by taking workshops and seminars. Staff members learning new skills and gaining expertise helps Fitzgibbon Hospital stay on the cutting edge of healthcare.

Thanks to the fundraising efforts of all of the Auxilians, in 2016, our Auxiliary budgeted $6,000 to help send FH staff to continuing education.

Tamara “Tammy” Curry is a licensed physical therapy assistant in Fitzgibbon Hospital’s Rehabilitation Unit. Curry has benefited from the Auxiliary’s Continuing Education Fund but, more importantly, Fitzgibbon Hospital’s patients have benefited from the extra training and inspiration Curry and other therapists brought back from the workshops and classes they have attended.

Curry started her career at Fitzgibbon after winning her fight against cancer; a fight which cost her her former position due to the time required to undergo treatment.

“When I interviewed at Fitzgibbon, I was asked what I would like to see here,” said Curry. “I answered that I would like to see a lymphedema treatment center to go along with the great Community Cancer Center.”

According to the Lymphatic Research website, the definition of lymphedema is ‘a chronic lymphatic disease that results in disfiguring swelling in one or more parts of the body. In breast cancer, for example, lymphedema can appear in the arm on the same side as the cancer, after lymph nodes are removed from the armpit region for cancer staging. In addition, lymphedema can be caused by genetics, infection, cellulitis, broken bones and even surgery.’

“My friend’s aunt had lymphedema after her cancer treatment and she had to sell her salon because she couldn’t get treatment soon enough to help her,” said Curry. “She told me, ‘I fought cancer, and I won, but it took away my livelihood.’”

Overwhelmed by the cost of the lymphedema training, Curry applied to the Fitzgibbon Foundation which helped her get started on her goal of  

“Young Ignition New Rehab Programs” Continued on page 4 >>>

Dr. Darin Haug
President & CEO

As an opening to this edition of The Auxilian, I would like to thank you for the deep sense of gentleness, kind spirit, and compassion in the many ways you assist our patients and our staff every day. I also want to congratulate you on another successful Holiday Bazaar. The amount of time you put in is felt by everyone in our organization. I receive many comments from members of our community about the outstanding care they

Continued on page 2 >>>

“Continuing Education” Continued on page 4 >>>

www.fitzgibbonhospitalauxiliary.org
have received here, and you share in and are an important part of those wonderful reports.

Over the next few months, you will see some of our nursing staff featured in the news media, social media and internal publications as we tell the story about what it is like to have a career in nursing at Fitzgibbon Hospital. The scholarships and continuing education you provide contribute directly to that story. The wish list items you provide along with your dedicated help throughout the facility directly contribute to the family-like environment at Fitzgibbon Hospital which is also a great characteristic of our organization.

Along with the anticipation of spring comes our annual Fling Gala which will be held on April 7th. The Fling Committee and our Foundation, under the direction of Jackie Finnegan, have been working hard and have a wonderful evening planned. We then look forward to the Auxiliary’s annual meeting/banquet on April 17, which always promises a fun time as we share in celebrating the successes of all of your hard work. It amazes me how Ginger and Donna can outdo themselves year after year.

As always, thank you for playing such an important part in our ability to deliver the quality compassionate care to our patients and our community.

Dr. Darin Haug

TOGETHER We Can Do So Much!
by Carla Fricke, Treasurer

Fifty-one years and counting . . . but the Auxiliary is not resting on its past accomplishments! With renewed energy and inspiration, Fitzgibbon Hospital Auxiliary Ambassador members and friends work together to support and contribute to the health needs of our community.

"Alone we can do so little; together we can do so much." (Keller) That phrase exemplifies the sentiment of the many hours of planning, implementing and accomplishing the numerous activities needed each year for our fundraising to be a success. Year after year, our members rise to the occasion and work together to make every project a noteworthy event in the community.

In partnership with Fitzgibbon Hospital, the Auxiliary supports requests from departments throughout the hospital for “Wish List” items, scholarships for nurses and students in the health care field and staff requests for continuing education conferences and in-services.

With monies raised through several fundraising events throughout the year, the Auxiliary will again be able to fund a number of hospital requests. In 2016, the Auxiliary sponsored a Rummage Sale which netted over $1,700. Four uniform sales added $3,500, and book sales totaled $260. The Father’s Day bake sale totaled over $900, and ‘Day at the Park’ raised $285.

The 2016 Bazaar reached $24,000 through a variety of Bazaar booths, Raffle and 50/50 ticket sales, chili supper receipts and membership dues. Additionally, fundraising efforts were supported through local business sponsorships, goods and services.

- Membership and chili supper tickets totaled over $6,600. New memberships increased as did the total number of chili supper tickets purchased. The Auxiliary honored veterans at the Bazaar this year by offering each veteran a complimentary meal to honor their service to our country.
- Children enjoyed the kids’ area with face painting, cookie decoration and balloon figures specially made for each child. In addition, parents could have their child’s picture taken with Santa which raised $550.
- Many enjoyed the bakery items and the delicious cinnamon roll sales which added $1,900.
- The Raffle Committee, headed by Jacque Hare and her hard working committee, totaled $9,650 and vendors throughout the Marshall area provided an additional $420 to the Bazaar.
- Numerous bids were made during the Silent Auction for baskets filled with an array of unique products. The winning bids combined for a total of $1,600.

Again, this year the Gift Shop has proven to be a very popular spot to shop. It features up-to-date merchandise and highlights special sales during the year. The booth at the Bazaar offered a wide variety of items. Through those sales and shop receipts, the Gift Shop will contribute over $21,000.

Teamwork has always been the backbone of the Auxiliary and combined with the continued support and involvement of our community --
Department Wish List Aids Patient Services and Boosts Staff Morale

Most of the money Auxilians raise during the year goes to support the Department Wish List project. Every Fitzgibbon Hospital department and clinic is invited to request equipment that will make the service provided to patients better in some way. Direct patient care items receive priority, however, all aspects of providing service are considered when adequate funds are available. Department managers are invited to an Auxiliary Board meeting to explain their request and answer questions. It is rewarding to hear of the sincere concern the Fitzgibbon staff has for the care they provide our community.

At the 2016 Auxiliary Annual Meeting and Dinner, a check for $42,363.67 was presented to Fitzgibbon President and CEO, Dr. Darin Haug, to fund the purchase of items requested by 13 departments and clinics.

One of the items the Auxiliary purchased was a Hi-Lo table for Rehabilitation Services.

“This adjustable height table saves the therapists’ backs as they work with patients,” said Misty Teel, Certified Occupational Therapist Assistant, as she helped patient Lucy Brandon with shoulder therapy exercises.

Brandon credits the outpatient therapy she received at Fitzgibbon with getting her ready for shoulder surgery following a fall on ice last February. She is back in rehab post-surgery to regain full use of her shoulder.

“The Auxiliary is such a huge help to our department,” said Sarah Vaillancourt, Director of Rehabilitation Services. “We wouldn’t be able to order as many new pieces of equipment or replace our older equipment without the Auxiliary’s help.”

In addition to the Hi-Lo table, the Auxiliary purchased an occupational therapy table with 2016 funds. This table is adjustable in height for working with children and adults, is very sturdy, and has cut-outs for easier wheelchair accessibility.

“New equipment not only helps us serve our patients, but it helps us to retain staff because the Auxiliary helps make them feel that the work they do is important and appreciated. A new piece of equipment really raises morale,” said Vaillancourt.
DPT, responded to the growing need for therapeutic help for pregnancy support by requesting registration fees for a weekend course on Women’s Health Therapy. The Auxiliary board granted the request.

“The weekend course sparked my interest in receiving more formal training in Ohio in the summer of 2016. Now Fitzgibbon is the ‘go-to’ site for women from Marshall and Sedalia for help with incontinence issues and pelvic pain, as well as pregnancy support,” said Dickinson.

Curry’s enthusiasm for growing in her profession is contagious and she is continuing her education to improve services at Fitzgibbon.

“The Auxiliary is paying my registration fees for an ‘Effective Manual Therapy’ workshop. That is not my strongest area, so I’m excited to practice and improve my skills,” said Curry.

Maybe Curry will bring back another ‘spark’ of an idea to help our community’s healthcare in addition to the benefits from lymphedema therapy, Fatigue to Fit Cancer Care, Kinesio taping, and Women’s Support Therapy. All of these programs were made possible because Curry and other professionals at Fitzgibbon Rehabilitation wanted to take additional training to improve their skills.

Fitzgibbon staff in other departments have also benefited from the continuing education funds provided by the Auxiliary, which were made possible by Auxilians baking pies, paying dues, selling raffle tickets, and working at The Gift Shop, bazaar, and other events.

Fitzgibbon’s motto is proven once again . . . It all comes back to you!

(Above) Tammy Curry, PT Assistant, demonstrates Kinesio taping she learned at a continuing education workshop. The workshop registration fees were paid for by Fitzgibbon Auxiliary.
Auxiliary Scholarship Recipient Returns to Fitzgibbon

Deanna Pannell grew up knowing she wanted to become a nurse. Following graduation from Marshall High School in 2012, she worked at Fitzgibbon Hospital as a tech in the Women’s Center (labor and delivery). Fitzgibbon Hospital is a designated Baby-Friendly Hospital, and that requires special training.

“Even as a tech, I had to do 20 hours of education because Fitzgibbon is a Baby-Friendly Hospital,” said Pannell. “With my tech training, I was able to help my sister-in-law with her newborn.”

Pannell praises her manager, Debbie Smith (Director of Women’s Services), who encouraged her to apply for the scholarship available from the Auxiliary.

After receiving an Auxiliary scholarship in 2014, Pannell moved to Kansas City to attend Graceland University School of Nursing. She worked at North Kansas City Hospital, but said working at Fitzgibbon feels like a family, especially on the night shift.

“When I graduated and passed my boards, everyone was so happy for me. Debbie Smith is an awesome manager and worked with my schedule during school,” said Pannell.

Pannell helps deliver infants, provides post-partum care, and helps mothers with breastfeeding education. On the day of the interview, she participated in neonatal resuscitation training at Fitzgibbon.

“I worked at various locations during my schooling. I can tell you that Fitzgibbon is definitely up-to-date!” said Pannell.

What OUR patients are saying . . .

Retrieved from Fitzgibbon Hospital patient survey scores
“Verbatim Comment Reports” (Aug-Nov 2016), Professional Research Consultants.
The 2016 Holiday Bazaar was once again packed full of activities for people of all ages. In addition to the traditional chili and soup supper, the Bazaar featured craft vendors, raffles and a silent auction, Disney characters, face painting and the appearance of Santa Claus.

THANK YOU TO ALL OF THE VOLUNTEERS WHO HELPED MAKE THE 2016 HOLIDAY BAZAAR A HUGE SUCCESS!
As we look forward to spring, The Gift Shop storeroom is brimming with exciting finds from our buying trip to Dallas. We found sensational lines from new vendors and fresh trends from old favorites. Some of the items are being added to The Gift Shop almost daily, but most will make their debut at Shopapalooza: A Spring Shopping Event, which is scheduled for Thursday and Friday, March 23 and 24.

Here are a few of the exciting gifts and fashions you will find in your Auxiliary Gift Shop:

**Jewelinx Jewelry Hanger and Organizer**

Jewelinx fits on the hanger with your outfit with spots for earrings, necklaces, bracelets, and rings, hair clips, and hair accessories. Store and display jewelry with your clothes. Planning your outfits saves precious morning time, and Jewelinx make great gifts for those friends who have everything!

**Easter: so much Easter!**

We hit the mother lode of a sale on adorable Easter decorations, and our storeroom is bursting with the cutest bunnies, chicks and sheep ready to hit the shelves at great savings at the end of February. In addition, we have some higher-end decorations that are so worth the extra money for their keepsake quality.

**Heartfelt Trinket Dish with Easel**

These little trinket dishes have inspirational and family messages and come gift-boxed with an easel. They are only $5.50, so pick up several to have for thank you gifts and thinking of you remembrances.

**Vinrella Umbrella**

Vinrella is an umbrella playfully disguised as a wine bottle. It tucks away safely in its durable case, so belongings stay dry when you carry it in your backpack, brief-case, or purse. Fun and functional!

**Fashion**

Come in to see the 60+ spring vests, wraps, cardigans, and ruanas, the beautiful spring scarves, and the abundance of jewelry from new vendors that will make their debut at the Shopapalooza March 23 and 24!
Dear Members,

The Auxiliary volunteers are fantastic! The bazaar in November was a great success, and we had another successful fundraiser on February 13 with the bake sale. My thanks go out to each and every one who worked at the bazaar, brought food for the bazaar and bake sale, and/or purchased goodies.

Our next bake sale will be Father’s Day week, June 16. The board is working on the details for our next garage sale. Last year it was a great success, and we are going to try again, so keep the garage sale in mind as you spring clean your closets and cabinets.

The board has been working on the wish list from the departments at the hospital, narrowing it down to fit within the auxiliary budget. This list will be presented and voted on at the annual meeting on April 17.

The MHAH President’s state project is Cardiac Awareness. Last year, I had a scare. I woke up with stabbing pains in my back, and it felt like the knife went all the way through. As soon as Larry and I arrived at the Fitzgibbon ER, the staff immediately started taking care of me. After testing at the hospital confirmed that I did not have a heart attack, they released me to see a cardiologist in Columbia for an angiogram. After that procedure, the doctor said “You have a beautiful heart. You have a spastic esophagus. If this happens again, take a nitro.” Now, I take a nitro and rest when I have that uncomfortable feeling, and everything is ok.

Symptoms of a heart attack are chest discomfort, discomfort in other areas of your upper body, shortness of breath, cold sweat, nausea or lightheadedness. Don’t take these signs lightly. But if you don’t know what is going on with your body, please go to the ER. I was lucky. You must take care of yourself.

Marty

Marty Webster, President
Fitzgibbon Hospital Auxiliary Ambassadors

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_Purses_

We discovered new lines of purses that we LOVE! Melie Bianco, Montana West, Tableau, Treska, and A Touch of Style purses come in fresh colors and an assortment of sizes with all the features our customers want. (You will love our below MSRP prices.)

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_New Auxiliary Members_**Welcome**

If you know of someone who would enjoy being a member of the Fitzgibbon Hospital Auxiliary Ambassadors, please contact Donna Smith or Ginger McGraw at the Fitzgibbon Auxiliary Office at (660) 886-7431, ext. 667.

_Serving Fitzgibbon Hospital through a Community of Volunteers_
Wine & Whiskey Drop  
March 13 | Saline Co. Fair Grounds

The Wine Grab is returning for the third year at the Fling 2017. PLUS, a new element is being added to THE GRAB—Whiskey. Join the fun for appetizers and lively conversation when you bring your wine and whiskey donation to “THE DROP.” For more information, contact Jacque Eidson at (660) 815-2443.

SHOPAPALOOZA  
March 23-24

The 5th Annual Spring Sale Event in the Gift Shop will be Thursday, March 23 and Friday, March 24. Be sure to bring your shopping buddies to this fun “HAPPENING”! We have lots of new items to reveal, plus special pricing and drawings during the event. See page 10 for details.

The Fling, a gala celebration  
April 7 | Martin Community Center

Join us for The Fling on Friday, April 7th. The Silent Auction, Wine & Whiskey Grab, and Cocktails begin at 5:30 PM. Dinner catered by Jackson’s, LLC will be served at 7:00 PM. The Live Auction will begin immediately after dinner followed by dancing until 11:00 PM. We are excited that so many unique Silent and Live Auction items have already arrived. If you would like to donate please contact Donna Smith (660-229-7749) or Ginger McGraw (660-620-2480) regarding the Silent Auction and Sarah Haug (660-815-5701) regarding the Live Auction. Contact Jackie Finnegan at 660-831-3850 to make your reservation. Your support is so important in helping us advance our mission of improving the health of our community!

Auxiliary Annual Meeting  
April 17 | St. Peter’s Parish Hall

“HATS OFF” to our wonderful volunteers as we celebrate another successful year of financial support for our great not-for-profit hospital. Pull out your vintage or favorite hat to wear to our fun-filled evening that is sure to be filled with good food and with great friends in a “buzzing bee” atmosphere. More information coming soon!

Annual Health Fair  
April 28 | Fitzgibbon Hospital Atrium

Screenings Available:  
- Blood Pressure  
- Blood Tests at discounted prices (must fast 12 hours)

Scheduling for:  
- Colonoscopy  
- 3D Mammography  
- Bone Density  
- Low Dose CT

Call 831-3235 for more information

Grandaddy’s Garden Party  
May 2

Mark your calendar for Tuesday, May 2 for our annual fundraiser Garden Party at Grandaddy’s Garden from 5-7:00. You can enjoy refreshments as you shop for beautiful flowers, herbs, roses, veggie plants and more. Julie will be giving a percentage of the sale for the complete day WHEN YOU MENTION that you want to help the Auxiliary through your purchase. Julie and her staff encourage you to bring your pots, and they will help you plant them to take home with you. HELP OUR LOCAL HOSPITAL while purchasing your spring flowers and plants. HOPE TO SEE YOU THERE!!!

Auxiliary Rummage Sale  
June 1-3

Details will be announced later.

Father’s Day Bake Sale  
June 16

More information to follow.

Book Fair  
September 19-20

BOOKS ARE FUN HAS CHANGED ITS NAME and now is “COLLECTIVE GOODS.” Their inventory had grown, and so many more items than books were added, that the company was given a new name. Please join us for this great Auxiliary Fundraiser.
FITZGIBBON HOSPITAL GIFT SHOP

Shopapalooza

Spring Shopping Event

2 DAYS
THURSDAY | MARCH 23rd
9 a.m. to 6:30 p.m.
AND
FRIDAY | MARCH 24th
9 a.m. to 6 p.m.

Grab your favorite shopping buddy and JOIN US for this unique shopping event!

Discover some exciting specials for:
MOTHER’S DAY | GRADUATION | BIRTHDAYS | WEDDINGS & SHOWERS
and maybe pick up something for yourself, too!

Here is a sampling of the 2-DAYS ONLY Shopapalooza specials:

- Buy ONE, get ONE for 1/2 PRICE on jewelry, stuffed animals, scarves & more
- 20% OFF all purses, wallets and totes
- All baby items 20% OFF
- Shopapalooza Special: Nautical Drawstring Backpack & Purse Organizer — ONLY $7.50
- FREE gift with every $25 or more purchase
- Introducing NEW gift lines . . . Jewelinx Jewelry Hanger and Organizer; Heartfelt Trinket Dishes with Easels; Vinrella Umbrellas; Easter decorations; new purse lines (Mellie Bianco, Montana West, Tableua, Treska and A Touch of Style); 60+ vests, wraps, cardigans and ruanas; scarves and jewelry from new vendors!
- Other unadvertised specials, give-aways, and drawings
  . . . ALL WHILE SUPPLIES LAST!

A Fitzgibbon Hospital Auxiliary Gift Shop Event!

All proceeds benefit the Fitzgibbon Auxiliary Scholarship and Continuing Education Fund and the Auxiliary Wish List Project.