

Patient Health History

PLEASE ANSWER THE FOLLOWING QUESTIONS TO THE BEST OF YOUR ABILITY!

Name: _____ Birth Date: _____

Age: _____ Sex: _____ Marital Status: _____ Occupation: _____

PAST HEALTH HISTORY

Please list all previous hospitalizations, surgeries, injuries, and blood transfusions. Include dates, hospitals, and physicians.

CURRENT HEALTH STATUS

ALLERGIES: Include any medications, foods, or other things to which you are allergic.

CURRENT MEDICATIONS: Please list all medications which you are currently taking (be sure to include over-the-counter, contraceptives, and medications taken only occasionally).

Name of Medication	Strength	How Often	Date Began	Date Last Taken

HAVE YOU EVER HAD ANY OF THE FOLLOWING?

High Blood Pressure	Y	N	Bleeding Disorder	Y	N
Heart Disease	Y	N	Thyroid Disorder	Y	N
Stroke	Y	N	Liver Disease	Y	N
Diabetes	Y	N	Epilepsy/Seizures	Y	N
Cancer	Y	N	Asthma	Y	N
Lung Disease	Y	N	Kidney Disease	Y	N
Ulcers	Y	N	Alcohol/Drug Addiction	Y	N
Arthritis	Y	N	Anxiety	Y	N
Headaches	Y	N	Depression	Y	N
Anemia (low iron)	Y	N	H.I.V.	Y	N

Please list other illnesses which you think would be important to your care.

LIFE HABITS:

- 1 Do you use, or have you ever used, tobacco in any form? Y N
If yes: Age started _____ Age quit _____ Type and amount _____
- 2 How much coffee, tea, and/or soda do you drink in a day? _____
- 3 How much alcohol do you drink?
Daily _____ Weekly _____ Less than 3 per month _____ Never _____
- 4 How many hours of sleep do you get within a 24-hour period? _____
Do you generally feel rested? Y N
- 5 What types of exercise do you practice?
Running _____ Aerobics _____ Walking _____ None _____ Other _____
- 6 What activities do you do for fun? _____
- 7 Former schooling: _____
- 8 Occupation: _____

FAMILY HEALTH HISTORY:

To your knowledge, do any of your immediate family members have the following? If yes, who?

- | | |
|---------------------------|------------------------------|
| High Blood Pressure _____ | Bleeding Disorder _____ |
| Heart Disease _____ | Thyroid Disorder _____ |
| Stroke _____ | Liver Disease _____ |
| Diabetes _____ | Epilepsy/Seizures _____ |
| Cancer _____ | Asthma _____ |
| Lung Disease _____ | Kidney Disease _____ |
| Ulcers _____ | Alcohol/Drug Addiction _____ |
| Arthritis _____ | Anxiety _____ |
| Headaches _____ | Depression _____ |
| Anemia (low iron) _____ | H.I.V. _____ |

PATIENT'S SIGNATURE

DATE

