



APPOINTMENT	<p>- DATE: _____ TIME: _____</p> <p>Please arrive 15 minutes before your appointment time and check in at the registration desk.</p>
HOW LONG THE EXAM WILL TAKE	<p>- The exam will take approximately 3-4 hours</p>
HOW TO PREPARE FOR THE EXAM	<ul style="list-style-type: none">- Do not eat or drink after midnight.- Do not smoke on the day of the test.- Please discontinue your morning medications but please bring them with you on the day of your appointment.- Please wear comfortable clothing and shoes you can walk in.
PRECAUTIONS YOU SHOULD BE AWARE OF	<p>- If you think you may be pregnant or if you are breast feeding, please notify your physician or the technologist prior to your exam.</p>
WHAT YOU CAN EXPECT	<p>- The exam consists of two parts, a REST study and a STRESS study. An IV will be started and you will be given an injection which has no side effects. Once injected, you will have to wait for approximately 1 hour after which images (the REST study) will be taken for 20-30 minutes. Once the first images are complete your heart will be evaluated by either walking on a treadmill or by receiving a medication, which takes approximately 15-30 minutes. During this STRESS study, your ECG and vital signs will be monitored closely. After the STRESS portion, you will be given something to eat and will resume your daily medications. After eating you will return to the camera room for another set of images which takes an additional 15-20 minutes.</p>
HOW DO YOU GET TEST RESULTS?	<p>- A Radiologist will study the images and a report will be sent to your physician. This normally takes 2 business days. Your physician will discuss the results with you. Should you not hear from your physician within 2 business days, please give them a call to schedule a follow up appointment.</p>
QUESTIONS?	<p>- If you have any questions or concerns about your appointment, please call Nuclear Medicine at (660) 831-3283.</p>

Thank you for choosing Fitzgibbon Hospital