

**It's a
New Year,
It's a
New You**

Tour the grocery
store with a
Registered Dietitian
from Fitzgibbon
Hospital to learn
more about making
the Right Nutritious
Choices for the New
YOU!!



Location:
Walmart
Date: 1/11/2012
Time: 10:00 A.M
&
Patricia's
Date: 1/18/2012
Time: 10:00 A.M

Limited Space:
Please **CALL** to hold your spot
Register by 1/6/2012
CALL:
660-831-3270