

The Diabetes Education Program helps people better manage their disease to stay healthy and free from complications. Let us assist your patients in achieving and maintaining good diabetes control.

How to Make a Referral

1. Fax a completed and signed referral form, along with the patient's last office visit and pertinent labs, to **(660) 831-3391**.
2. We will then contact the patient to schedule an appointment.

Insurance Coverage

Diabetes Education is covered by most Medicare and commercial insurance plans (PCP referral is required).

- 10 hours of formal education is allowed by Medicare during the first consecutive 12 months after the initial DSME visit, plus 3 hours of Medical Nutrition Therapy.
- After the initial 12-month period, Medicare will cover 2 hours of Diabetes Education and 2 hours of Medical Nutrition Therapy annually.

Patient Appointments

Patients should allow 60-90 minutes for the initial appointment; follow-up appointments last approximately 30-60 minutes.

Evening appointments are available upon request.

Goals of Diabetes Self-Management

To help patients manage their disease by:

1. Eating healthy
2. Becoming more active
3. Monitoring their blood sugars
4. Understanding how their diabetes medications work and taking them as prescribed
5. Problem-solving and learning cause and effect
6. Reducing risk of complications
7. Developing healthy ways to cope with stress

Our Diabetes Educator

Sara Walker, RDN, LD, CDCES
Registered Dietitian/Certified Diabetes Care
and Education Specialist

Fitzgibbon Hospital Diabetes Education
2305 S. Highway 65
Marshall, Mo. 65340

PH: (660) 831-3265
FAX: (660) 831-3391



The Fitzgibbon Hospital Diabetes Self-Management Education Program is ADCES accredited.