

WHAT TO EXPECT . . .

**ON YOUR
PRE OPERATIVE VISIT**

- ✓ Allow 30-45 minutes for your visit.
- ✓ Wear a button-up shirt.
- ✓ Bring a list of your current medications and past surgeries.
- ✓ Bring any lab work, physician orders, history and physicals, or reports given to you by your doctor.
- ✓ Bring any questions you may have with you for your surgery.

WHAT TO EXPECT . . .

**AFTER YOUR
PRE OPERATIVE VISIT**

- ◆ Understanding of surgical procedure.
- ◆ Nothing to eat or drink, and no chewing gum, chewing tobacco, smoking, or sucking on candy after midnight the night before your surgical procedure.
- ◆ Take surgical bath the night before and the morning of your procedure with the provided Hibiclens scrub.
- ◆ The preoperative nurse will notify you regarding your arrival time.
- ◆ Bring a list of unanswered questions the morning of surgery.
- ◆ Have a driver arranged for the day of surgery.

- ◆ Have an adult available to stay with you for 24 hours after surgery.
- ◆ Please do not attempt hair removal at home.

**WHEN TO CALL
Ambulatory Care**

Notify Ambulatory Care for any of the following conditions at least 24 hours before your surgery:

- ★ For any breaks in your skin such as bug bites, rash, cuts, or open sores near the surgical site.
- ★ If you have a productive cough, fever, sore throat, burning urination, or rash.
- ★ New antibiotics presented to you after your preoperative visit.

WHAT TO EXPECT . . .

THE DAY OF SURGERY

1. Ambulatory Care Nurse will:
 - Escort you to a room in Ambulatory Care after you check in at the front desk; family will remain in the waiting room
 - Assist you, if needed, to remove all clothing and undergarments; these items will be placed in a "Patient Belongings" bag and labeled with your name
 - Ask you questions about your procedure, listen to your heart and

lungs, start your I.V., and obtain your vital signs

- Family will be allowed in Ambulatory Care as time permits and at your nurse's discretion
2. Anesthesia Provider will:
 - Ask you questions about your health history
 - Obtain a consent for anesthesia services
 - Conduct a physical exam
 3. Operating Room Nurse will:
 - Interview you about your procedure and your health history
 - Remove any hair with clippers from the surgical site
 - Conduct a surgical site inspection
 - Give your family a pager
 - Start any antibiotics and give any needed medications
 4. Doctor will:
 - Talk with you and your family
 - Answer any questions
 - Mark your surgical site (if appropriate)
 5. You will then be transported to surgery on your hospital cart.
 6. The Operating Room Nurse will help you to the operating room table and position you accordingly.
 7. You will then go to sleep and your procedure will start.

- OVER -

You are given an *approximate* start time for your surgery. We make every attempt to meet this time.

Please understand that emergencies occur which could delay your scheduled surgery time.

We will communicate these delays as they occur.

★ IMPORTANT NUMBERS ★

Ambulatory Care Unit

831-3273

Surgical Services

Patient Care Coordinator

831-3247

Hospital Main

886-7431



**WHAT TO EXPECT . . .
AFTER SURGERY**

After surgery you will go to the recovery room; once you are awake you will return to Ambulatory Care or to your room in the hospital.

Discharge Criteria from Ambulatory Care:

- You must be able to eat and drink without nausea (crackers, soup, etc.)
- You must be able to urinate
- Your pain must be under control
- Your vital signs must be stable

Once Discharge Criteria are Met:

- Your nurse will take out your I.V.
- Review discharge instructions with you and give you a copy
- You will then be able to dress
- Your nurse will take you to your private vehicle where your driver will be waiting in the circle drive

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AMBULATORY CARE



SURGERY

**Your Surgical Procedure:
What to Expect**